

STUDENT QUESTIONNAIRE

THE NEXT 13 QUESTIONS ASK YOU ABOUT YOUR USE OF TOBACCO

1. Have you ever tried or experienced with cigarette smoking, even one puff?

- a. Yes
- b. No

2. How old were you when you first tried a cigarette?

- a. I have never smoked cigarettes.
- b. 7 years old or younger.
- c. 8 or 9 years old
- d. 10 – 11 years old
- e. 12-13 years old
- f. 14-15 years old
- g. 16 years old or older.

3. During the past 30 days (one month), on how many days did you smoke cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

4. During the past 30 days (one month), on the days you smoked, how many cigarettes did you usually smoke?

- a. I did not smoke cigarettes during the past 30 days (one month).
- b. Less than one cigarette per day.
- c. 1 cigarette per day
- d. 2 to 5 cigarette per day
- e. 6 to 10 cigarettes per day
- f. 11 to 20 cigarettes per day
- g. More than 20 cigarette per day

5. During the past 30 days (one month), how did you usually get your own cigarettes?

(SELECT ONLY ONE RESPONSE)

- a. I did not smoke cigarette during the past 30 days (one month)
- b. I bought them in a store, shop or from a street vendor
- c. I gave someone else money to buy them for me
- d. I borrowed them from someone else.

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- e. I stole them
- f. An older person gave them to me.
- g. I got them some other way.

6. During the past 30 days (one month) what brand of cigarettes did you usually smoke? (SELECT ONLY ONE RESPONSE)

- a. I did not smoke cigarettes during the past 30 days.
- b. No usual brand
- c. Marlboro
- d. Dunhill
- e. Rothmans
- f. L&M
- g. Light
- h. Other

7. How much do you usually pay for a pack of 20 cigarettes?

- a. I don't smoke cigarettes
- b. I don't buy cigarettes, or I don't buy them in packs
- c. Less than 200 Biosa
- d. 300 Biosa
- e. 400 Biosa
- f. 500 Biosa
- g. 600 Biosa
- h. More than 600 Biosa

8. During the past 30 days (one month), how much do you think you spent on cigarettes?

- a. I don't smoke cigarettes
- b. I don't buy my cigarettes
- c. 6 Omani Rials
- d. 9 Omani Rials
- e. 12 Omani Rials
- f. 15 Omani Rials
- g. 7 18 Omani Rials
- h. More than 18 Omani Rials

9. How much pocket money do you get?

- a. I don't receive any pocket money
- b. 100 – 200 Biosa
- c. 300 – 400 Biosa
- d. 500 Biosa (Half Rial)
- e. 600 – 900 Biosa
- f. One Omani Rial daily
- g. More than one Omani Rial daily

10. During the past 30 days (one month), did anyone ever refuse to sell you cigarettes because of your age?

- a. I don't buy cigarettes
- b. Yes, someone refused to sell me cigarettes because of my age.
- c. No, my age did not keep me from buying cigarettes.

11. During the past 30 days (one month), have you ever used any form of tobacco products other than cigarettes (chewing tobacco, snuff, shisha (Hubble-Bubble)?

- a. Yes
- b. No

12. Where do you usually smoke cigarettes? (SELECT ONLY ONE RESPONSE)

- a. I have never smoked cigarettes.
- b. At home
- c. At school
- d. At friend's house
- e. At social events
- f. In public places (e.g. street, coffee shops, cinema, etc)
- g. Other

13. Do you have a cigarette or feel like having a cigarette first thing in the morning?

- a. I have never smoked cigarettes.
- b. No
- c. Yes, sometimes
- d. Yes, daily

THE NEXT QUESTIONS ASK ABOUT YOUR KNOWLEDGE AND ATTITUDES TOWARD TOBACCO

14. Do your parents smoke?

- a. Non
- b. Both
- c. Father only
- d. Mother only
- e. I don't know.

15. If one of your best friends offered you a cigarette, would you smoke it?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

16. Has anyone in your family discussed the harmful effects of smoking with you?

- a. Yes
- b. No

17. At any time during the next 12 months, do you think you will smoke a cigarette?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

18. Do you think you will be smoking cigarettes 5 years from now?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

19. Once someone has started smoking, do you think it would be difficult to quit?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

20. Do you think boys who smoke cigarettes have more or less friends?

- a. More friends
- b. Less friends
- c. No difference from non- smokers.

21. Do you think girls who smoke cigarettes have more or less friends?

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- a. More friends
- b. Less friends
- c. No difference from non- smokers.

22. Does smoking cigarettes help people feel more or less comfortable at celebrations, parties, or other social gatherings?

- a. More comfortable
- b. Less comfortable
- c. No difference from non- smokers

23. Do you think smoking cigarettes makes boys look more or less attractive?

- a. More attractive
- b. Less attractive
- c. No difference from non- smokers

24. Do you think smoking cigarettes makes girls look more or less attractive?

- a. More attractive
- b. Less attractive
- c. No difference from non- smokers

25. Do you think smoking cigarettes makes you gain or lose weight?

- a. Gain weight
- b. Loss weight
- c. No difference from non- smokers.

26. Do you think smoking cigarettes makes is harmful to your health?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

27. Do your closest friends smoke cigarettes?

- a. Non of them
- b. Some of them
- c. Most of them
- d. All of them

28. When you see a man smoking, what do you think of him?
(SELECT ONLY ONE RESPONSE)

- a. Lacks confidence
- b. Stupid
- c. Loser
- d. Successful
- e. Intelligent
- f. High class
- g. Not following his religious teachings

29. When you see a woman smoking, what do you think of him?
(SELECT ONLY ONE RESPONSE)

- a. Lacks confidence
- b. Stupid
- c. Loser
- d. Successful
- e. Intelligent
- f. High class
- g. Not following his religious teachings

30. Do you think it is safe to smoke for only a year or two as long as you quit after that?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

THE NEXT QUESTIONS ASK ABOUT YOUR EXPOSURE TO OTHER PEOPLE'S SMOKING

31. Do you think the smoke from other people's cigarettes is harmful to you?

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

32. During the past 7 days, on how many days have people smoked in your home, in your presence?

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- a. 0 days
- b. 1 to 2 days
- c. 3 to 4 days
- d. 5 to 6 days
- e. 7 days

33. During the past 7 days, on how many days have people smoked in your presence, in places other than in your home?

- a. 0 days
- b. 1 to 2 days
- c. 3 to 4 days
- d. 5 to 6 days
- e. 7 days

34. Are you in favor of banning smoking in public places (such as in restaurants, in buses, cars, in schools, in sports areas, etc)?

- a. Yes
- b. No

THE NEXT QUESTIONS ASK ABOUT YOUR ATTITUDES TOWARD STOPPING SMOKING

35. Do you want to stop smoking now?

- a. I have never smoked cigarettes
- b. I don't smoke now
- c. Yes
- d. No

36. During the past year, have you ever tried to stop smoking cigarettes?

- a. I have never smoked cigarettes
- b. I don't smoke now
- c. Yes
- d. No

37. How long ago did you stop smoking?

- a. I have never smoked cigarettes.
- b. I have not stopped smoking
- c. less than one month
- d. 1-3 months
- e. 4-11 months
- f. one year

- g. two years
- h. three years or more

38. What was the main reason you decided to stop smoking? (SELECT ONE RESPONSE ONLY)

- a. I have never smoked cigarettes
- b. I have not stopped smoking
- c. To improve my health
- d. To save money
- e. Because my family does not like it.
- f. Because my friends don't like it
- g. Because it is against my religious teachings

39. Do you think you would be able to stop smoking if you wanted to?

- a. I have never smoked cigarettes.
- b. I have already stopped smoking cigarettes.
- c. Yes
- d. No

40. Have you ever received help or advice to help you stop smoking?(SELECT ONE RESPONSE ONLY)?

- a. I have never smoked cigarettes
- b. Yes, from anti smoking program
- c. Yes, from a friend
- d. Yes, from a family member
- e. Yes , from more than one
- f. No

THE NEXT QUESTIONS ASK ABOUT YOUR KNOWLEDGE OF MEDIA MESSAGES ABOUT SMOKING?

41. During the past 30 days (one month), how many anti-smoking messages (e.g., television, radio, newspapers, magazines and movies) have you seen or heard?

- a. A lot
- b. A few
- c. Non

42. When you go to sport events, concert, social gatherings, how often do you see anti-smoking messages?

- a. I never go to sports events, concert, social gatherings
- b. A lot
- c. Sometimes
- d. Never

43. When you watch TV, videos, or movies, how often do you see actors smoking?

- a. I never watch TV, videos, movies
- b. A lot
- c. A few
- d. Never

44. Do you have something (t-shirt, pen, backpack) with a cigarette brand logo on it?

- a. Yes
- b. No

45. During the past 30 days (one month), when you watched sports or other programs on TV, how often did you see cigarette brand names?

- a. I never watch TV
- b. A lot
- c. A few
- d. Non

46. During the past 30 days (one month), how many advertisements for cigarettes have you seen on billboard?

- a. I A lot
- b. A few
- c. Non

47. During the past 30 days (one month), how many advertisements for cigarettes have you seen in newspapers or magazines?

- a. A lot
- b. A few
- c. Non

48. When you go to sports events, fair, concerts or community events, how often do you see advertisements for cigarettes?

- a. I never attend sports events, fairs, concerts or community events.
- b. A lot
- c. A few
- d. Non

49. Has a cigarette representative ever offered you a free cigarette?

- a. Yes

- b. No

THE NEXT QUESTIONS ASK ABOUT WHAT YOU WERE TAUGHT ABOUT SMOKING IN SCHOOLS

50. During this school year, were you taught in any of your classes about the danger of smoking?

- a. Yes
- b. No
- c. Not sure

51. During this school year, did you discuss in any of your classes the reasons why people your age smoke?

- a. Yes
- b. No
- c. Not sure

52. During this school year, were you taught in any of your classes about the effects of smoking like it makes your teeth yellow, causes wrinkles or makes you smell bad?

- a. Yes
- b. No
- c. Not sure

53. How long did you last discuss smoking and health as part of a lesson?

- a. Never
- b. This school academic year
- c. Last school academic year
- d. More than one year

54. How old are you?

- a. 11 years old or younger
- b. 12 years old
- c. 13 years old
- d. 14 years old
- e. 15 years old
- f. 16 years old
- g. 17 years old or older

55. What is your nationality?

- a. Omani

- b. Non Omani

OTHER QUESTIONS:

56. Do your parents know that you smoke?

- a. I don't smoke
- b. Yes
- c. No

57. Have you ever used chewing tobacco, snuff?

- a. Yes
- b. No

58. How old were you when you used chewing tobacco or snuff?

- a. I have never used
- b. 7 years old or younger
- c. 8-9 years old
- d. 10 – 11 years old
- e. 12 – 13 years old
- f. 14 – 15 years old
- g. 16 years old or older

59. In the past 30 days, how many days did you use chewing tobacco or snuff?

- a. 0 days
- b. 1- 2 days
- c. 3- 5 days
- d. 6- 9 days
- e. 10 – 19 days
- f. 20 – 29 days
- g. All 30 days

60. Where do you usually use chewing tobacco or snuff?

- a. I have never used chewing tobacco or snuff
- b. I no longer use chewing tobacco or snuff
- c. When I am alone
- d. In the company of friends
- e. At home
- f. At school
- g. Others

61. During the past 30 days (one month), how did you usually get your own chewing tobacco or snuff? (SELECT ONLY ONE RESPONSE)

- a. I did not use chewing tobacco or snuff during the past 30 days
- b. I bought them in a store, shop or from a street vendor
- c. I gave someone else money to buy them for me
- d. I borrowed them from someone else.
- e. I stole them
- f. An older person gave them to me.
- g. I got them some other way.

62. When you bought or tried to buy chewing tobacco, snuff in a store during the past 30 days (one month), were you ever asked to show proof of age?

- a. I did not buy or try to buy chewing tobacco or snuff
- b. Yes, I was asked to show proof of age
- c. No. I was not asked to show proof of age.

63. During the past 30 days (one month), did anyone ever refuse to sell you chewing tobacco or snuff because of your age?

- a. I don't buy chewing tobacco or snuff
- b. Yes, someone refused to sell me because of my age.
- c. No, my age did not keep me from buying chewing tobacco or snuff

64. Do you want to stop using chewing tobacco or snuff?

- a. I have never used chewing tobacco or snuff.
- b. Yes
- c. No

65. During the past year, have you ever tried to stop using chewing tobacco, snuff?

- a. I have never used chewing tobacco or snuff
- b. Yes
- c. No

66. Have you ever used Shisha (Hubble- Bubble)?

- a. Yes
- b. No

67. How old were you when you used Shisha (Hubble- Bubble)?

- a. I have never used
- b. 7 years old or younger
- c. 8-9 years old

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- d. 10 – 11 years old
- e. 12 – 13 years old
- f. 14 – 15 years old
- g. 16 years old or older

68. In the past 30 days, how many days did you use Shisha (Hubble-Bubble)?

- a. 0 days
- b. 1- 2 days
- c. 3- 5 days
- d. 6- 9 days
- e. 10 – 19 days
- f. 20 – 29 days
- g. All 30 days

69. Where do you usually use Shisha (Hubble- Bubble)?

- a. I have never used Shisha (Hubble- Bubble)?
- b. I no longer use Shisha (Hubble- Bubble)?
- c. When I am alone
- d. In the company of friends
- e. At home
- f. At school
- g. In restaurants and coffee shops

70. Do you think that Shisha (Hubble- Bubble) is less harmful than cigarettes?

- a. Yes
- b. No
- c. No difference

71. During the past 30 days (one month), did anyone ever refuse to sell you Shisha (Hubble- Bubble) because of your age?

- a. I don't buy Shisha (Hubble- Bubble)
- b. Yes, someone refused to sell me because of my age.
- c. No, my age did not keep me from buying Shisha (Hubble- Bubble)

72. What is you gender?

- a. Male
- b. Female

THANK YOU FOR YOUR COOPERATION